RÉSEAU DE SANTÉ Horizon HEALTH NETWORK

PLANNING FOR DISCHARGE

Fredericton, Oromocto And Surrounding Area

Dr. Everett Chalmers Regional Hospital
700 Priestman Street
P. O. Box 9000
Fredericton, NB E3B 5N5
Telephone: (506) 452-5400

Oromocto Public Hospital
103 Winnebago Street
Oromocto, NB E2V 1C6
Telephone: (506) 357-4700

MISSION: Helping People Be Healthy.

VISION: Exceptional Care. Every Person. Every Day.

VALUES: We show empathy, compassion and respect. We strive for excellence. We are all leaders, yet work as a team. We act with integrity and are accountable.

DISCHARGE PLANNING INFORMATION

Will you need extra help at home when you leave the hospital?

It is important to think about what it will be like at home when you leave the hospital. You may have a planned stay at the hospital, (i.e. a knee operation), or an unplanned stay (such as pneumonia or a heart attack). The following numbers are listed to help with your discharge plans.

ADDICTION & MENTAL HEALTH SERVICES

You may refer yourself or a family member. Your doctor or other health professional may also make a referral.

Fredericton 453-2132
Woodstock.....325-4419
Perth.....273-4701

ADULT RESIDENTIAL FACILITIES (Special Care Homes)

These homes are set up for people who are unable to remain in their home independently. A financial and needs assessment is necessary through the Department of Social Development to determine eligibility……..1-833-733-7835

CANADIAN NATIONAL INSTITUTE FOR THE BLIND (CNIB)…..……..458-0060

COMMUNITY RESOURCES

Alzheimer Society.....459-4280
Canadian Cancer Society …… 453-1551
Parkinsons Society..... 1-800-565-3000, Ext 3372
Stepping Stones Senior Centre.....450-7849
Diabetic Association 452-9009
Heart and Stroke Foundation 1-800-663-3600
Alcoholics Anonymous.....470-8262
Al-Anon (for family members).....455-3094
Canadian Mental Health Association.....455-5231
Third Age Centre (St. Thomas University).....452-0526

DEPARTMENT OF SOCIAL DEVELOPMENT

Fredericton 1-833-733-7835

Adults (age 19 and over) who require long-term (greater than three months) in-home support services, or placement in a residential facility or nursing home, may be able to receive assistance through the Department of Social Development. The Department of Social Development will do a 2-part assessment to determine your financial and functional needs.

EXTRA MURAL PROGRAM

The Extra Mural Program is a provincial home health-care program that provides comprehensive health-care services to New Brunswickers in their home and/or community. Only doctors may make referrals for acute care. Referrals for rehab services may be from family, schools or others. EMP professionals include clinical nutritionists, nurses, occupational therapists, physiotherapists, respiratory therapists, social workers, and speech-language pathologists.

Fredericton Unit North 452-5800
Fredericton Unit South.....447-4200
Oromocto Unit 357-4900

EQUIPMENT SERVICES

The Red Cross and Easter Seals of New Brunswick provide equipment loan services to people in their own homes. This service depends on eligibility, availability and needs. A referral by a doctor, occupational therapist or physiotherapist can request the loan of equipment. Rental equipment is also available at various locations (below).

Easter Seals of New Brunswick.....458-8739
Embracor Medical, Hanwell Road 443-8056
Harding Medical, Moncton..... 1-800-479-4700
Lawton's Drug Store, Brookside Mall 450-4161
Pharmasave, Prospect Street.....459-5698
Red Cross.....458-8445
Ross Drug (Guardian), Queen Street.....458-9951
Shoppers Drug Mart, Regent Street.....459-8888
Tango Medical, Woodside Lane 459-4449

HEALTH CENTRES

Boiestown 369-2700
Doaktown.....365-6100
Fredericton Downtown Community H.C 452-5900
Fredericton Junction 368-6501
Chipman 339-7650
Minto.....327-7800
Nackawic 575-6600
Harvey 366-6400
McAdam 784-6300
Stanley.....367-7730

HOMECARE AGENCIES

Bayshore Health Care 458-9934
Canadian Red Cross Agency 1-800-588-4881
Chipman Outreach 339-5639
Fredericton Junction 368-6504
Harmony Home Support & Family Services 443-8175
Harvey Outreach 366-3017
Hands On Home Support & Family Services 444-1160
Home Care Plus (Jemseg)……488-6196
Integrity Health Service, Fredericton 454-1273
Kindred Home Care.....260-3246
McAdam Outreach.....784-6308
Minto Services to Seniors.....327-6406
Unicare 476-2243
Upper Nashwaak Community Outreach 367-7735

LIFE LINE AND CARE LINK

These services provide emergency response service to help you feel safer and less isolated in your home.
Life Line (Fredericton/Minto/Oromocto)…1-800-543-3546
……444-5478
Care Link (Fredericton/Minto/Oromocto)..1-866-876-7401

MEALS ON WHEELS

Fredericton 458-9482
Oromocto.....357-0950
Stanley.....367-7735
McAdam 784-6308
Minto.....327-6406
Doaktown/Boiestown 369-8900

NURSING HOMES

People who require care and 24-hour supervision may be eligible for Nursing Home placement. To request an assessment, to determine eligibility, contact the Department of Social Development.....1-833-733-7835

RELIEF CARE BEDS

These rooms are available, at a daily rate, in Nursing Homes. They can be used for a period up to four weeks, twice per year. This allows the family or caregiver to have a break.

Mill Cove Nursing Home.....488-3033
Pine Grove, *Fredericton* 444-3400
Wauklehegan Manor, *McAdam* 784-6303
Orchard View, *Gagetown*.....488-3544
York Care Centre, *Fredericton*.....444-3880

OFFICE OF THE PUBLIC TRUSTEE

Provides personal and financial guardianship services to adults who need support due to a mental or physical incapacity (POA, Administrator or Executor of Estates, Litigation Guardian, managing property and finances) …….1-888-336-8383

RESPIRATORY SERVICES

Vital Aire Health Care……..452-8680
Quality Respiratory Care…….453-7810
Medigas…….357-9226

RETIREMENT HOMES

St. Anne's Court (Atria).....450-9433
*Windsor Court Retirement Residence.....450-7088
Governor Hall (Parkland Fredericton).....455-7275

***Also has short-term convalescent care**

SAINT JOHN DEAF & HARD OF HEARING

1-506-450-9354

TELE-CARE

Tele-Care is a free health advice and information line. It provides access to registered nurses 24 hours a day, 7 days a week. In an emergency, call 911 or visit your local emergency department.
Tele-Care 811

VETERANS AFFAIRS CANADA (VAC)

VAC has programs which provide services or nursing care for **eligible** people.

English..... 1-866-522-2122
French 1-866-522-2022